Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project

Advisory Group and Interested Parties

FROM: John Pandiani and Monica Simon

DATE: November 29, 2002

RE: Access to Children's Services: Four Special Populations FY1999-FY2002

This is the second in our series of PIPs prepared in response to a request from Alice Maynard at the Fall 2002 meeting of the PIP Advisory Group. This PIP focuses on utilization of CMHC children's services by members of four special populations. The four special populations under examination include children and adolescents under 18 years of age:

with a severe emotional disturbance (SED),

on the State Social and Rehabilitation Services (SRS) caseload,

on an Individualized Education Plan (IEP)

for an Emotional-Behavioral Disability (EBD)

and children and adolescents who were Medicaid eligible.

In each case, the number of children and adolescents in the specified target population who received CMHC mental health services was compared to the number of children or adolescents in this target group who reside in the region and the result is expressed as a percent. (For more detail, see the attached Methodological Note.) This report is also prepared in accordance with the Performance Indicator Project Advisory Group Recommendations Regarding Measures of Access to Care (http://www.state.vt.us/dmh/Data/PIPs/pipsrecommendedbyadvisorygrp.htm).

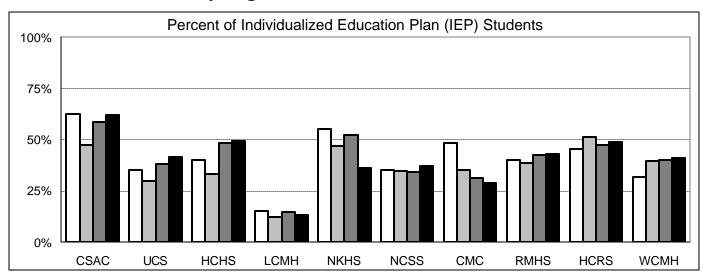
As you will see, young people in these four special populations used community mental health services at very different rates. Statewide, young people on an IEP for EBD had the greatest access to mental health services throughout the period (38%-43%), followed by young people on the SRS caseload (33%-34%), young people with a severe Emotional disturbance (8%-15%), and young people eligible for Medicaid (8% every year). Utilization rates for all of these special populations were substantially higher than the overall rates for the general population (about 5%) reported in our September 27, 2002 PIP on access to children's mental health services by the general population (https://www.state.vt.us/dmh/Data/PIPs/2002/pip092702.pdf).

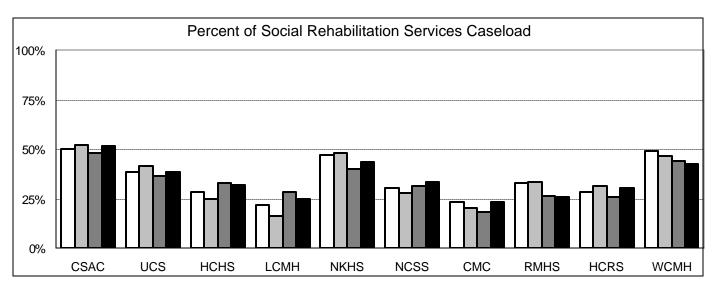
There were substantial differences in mental health service utilization rates in different parts of the state. During 2002, the proportion of young people on an IEP who were also served by their local community mental health children's service program varied from 62% in Addison County to 13% in Lamoille County, and the proportion of young people on the SRS caseload who were also served by the local children's service program varied from 52% in Addison County to 23%

in Orange County. During this same year, the proportion of the estimated number of young people with a severe emotional disturbance who were served by their local community mental health children's service program varied from 29% in Addison County to 13% in Chittenden County (although three local providers did not provide adequate data to measure this utilization rate). Finally, the proportion of young people eligible for Medicaid services who were served by their local community mental health children's service program varied from 13% in Addison County to 3% in Lamoille County.

We believe that the utilization rates presented here, in combination with the utilization rates presented in September provide a very powerful measure of the accessibility of Child and Adolescent Mental Health Programs to members of the general population and to members of the special populations that were identified by the PIP Advisory Group. We will be very interested in learning if and how people use these data in their work. As always, we look forward to hearing from you at pip@ddmhs.state.vt.us or 802-241-2638.

Access to Child and Adolescent Mental Health Programs Young People Served By SRS and Special Education By Region, Vermont: FY1999 - FY2002



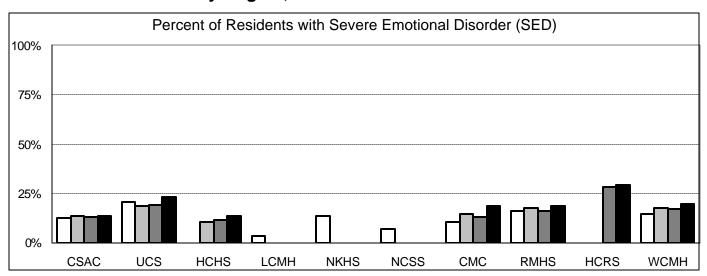


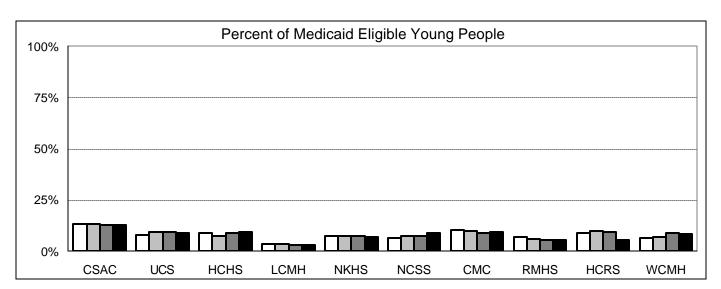
		Percent of Individualized Education Plan (IEP) Students Served by Mental Health									
	CSAC	UCS	HCHS	LCMH	NKHS	NCSS	CMC	RMHS	HCRS	WCMH	
FY	Addison	Bennington	Chittenden	Lamoille	Northeast	Northwest	Orange	Rutland	Southeast	Washington	
1999	62%	35%	40%	15%	55%	35%	48%	40%	45%	32%	
2000	47%	30%	33%	12%	47%	34%	35%	39%	51%	39%	
2001	59%	38%	48%	14%	52%	34%	31%	42%	47%	40%	
2002	62%	42%	49%	13%	36%	37%	29%	43%	49%	41%	

	Percent of Social Rehabilitation Services Caseload Served by Mental Health									
FY	CSAC	UCS	HCHS	LCMH	NKHS	NCSS	CMC	RMHS	HCRS	WCMH
1999	50%	39%	28%	22%	47%	30%	23%	33%	29%	49%
2000	52%	42%	25%	16%	48%	28%	20%	34%	31%	47%
2001	48%	37%	33%	29%	40%	31%	18%	26%	26%	44%
2002	52%	39%	32%	25%	44%	33%	23%	26%	31%	43%

Analysis is based on Monthly Service Reports submitted to DDMHS by the designated agencies and includes children under 18 who were assigned to Children's Services Programs. Special Education includes individuals on an individualized education plan (IEP) for emotional behavioral disturbance (EBD).

Access to Child and Adolescent Mental Health Programs Young People who are SED and Medicaid Eligible By Region, Vermont: FY1999 - FY2002

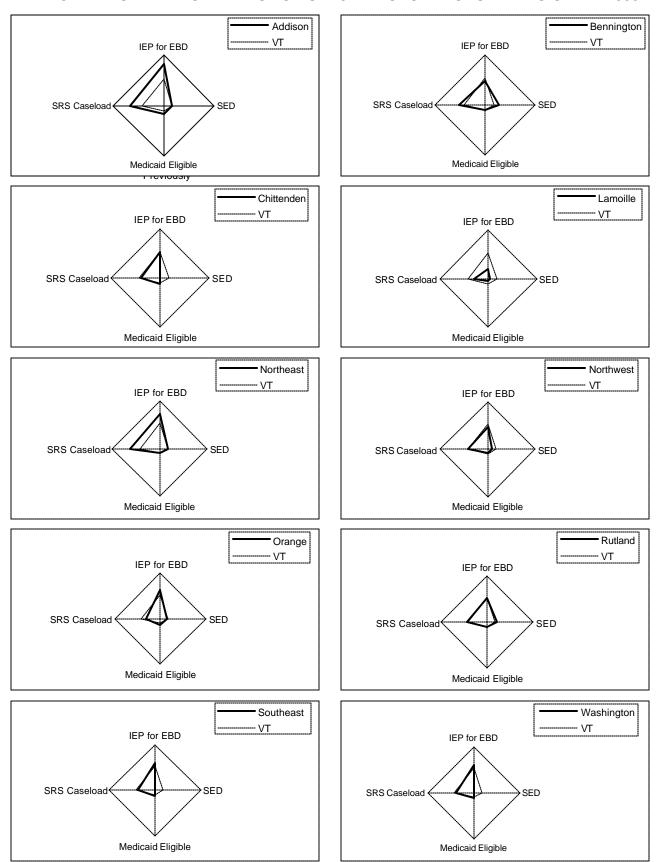




		Percent of Residents with Severe Emotional Disorder (SED) Served by Mental Health										
Percent	CSAC	UCS	HCHS	LCMH	NKHS	NCSS	CMC	RMHS	HCRS	WCMH		
Served	Addison	Bennington	Chittenden	Lamoille	Northeast	Northwest	Orange	Rutland	Southeast	Washington		
1999	12%	21%		3%	14%	7%	11%	16%		14%		
2000	13%	19%	10%				15%	17%		17%		
2001	13%	19%	12%				13%	16%	28%	17%		
2002	14%	23%	13%				18%	18%	29%	19%		

Percent	Percent of Medicaid Eligible Young People Served by Mental Health									
Served	CSAC	UCS	HCHS	LCMH	NKHS	NCSS	CMC	RMHS	HCRS	WCMH
1999	13%	8%	9%	3%	8%	6%	10%	7%	9%	6%
2000	13%	9%	8%	3%	8%	7%	10%	6%	10%	7%
2001	12%	9%	9%	3%	7%	7%	9%	5%	9%	9%
2002	13%	9%	9%	3%	7%	9%	9%	6%	6%	8%

Analysis is based on Monthly Service Reports submitted to DDMHS by the designated agencies and includes children under 18 who were assigned to Children's Services Programs. SED is not reported for a community mental health center if more than 15% of data are missing.



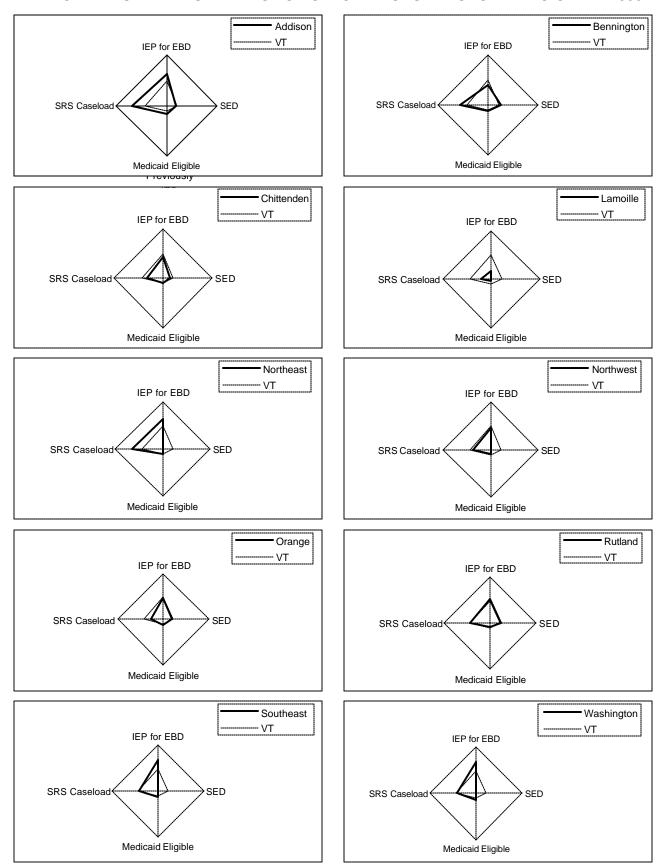
In this presentation, each axis represents the per capita utilization rate for the specified group based on a scale of 0 - 100% per 1,000 population. The intersection of the axis is 0.

[&]quot;SRS" is Social Rehabilitation Services, the state child protection and juvenile agency. "EBD" is an emotional-behavioral disability. "IEP" is an Individualized Education Plan

[&]quot;SED" is Severe Emotional Disorder. SED is not reported for a community mental health center if more than 15% of data are missing.

				Severe			
			SRS	Emotional	IEP	Medicaid	
Region/P	rovider	_	Caseload	Disorder	for EBD	Eligible	
Addison	- CSAC						
		Population	149 <u>+</u> 3	477	82	3,268	
		Number Served	75 <u>+</u> 5	59	51 <u>+</u> 3	432	
		Percent Served	50% ± 3%	12%	62% ± 4%	13%	
Bennington	- UCS						
		Population	255 <u>+</u> 5	488	141	3,674	
		Number Served	99 + 7	102	49 + 5	286	
		Percent Served	39% ± 3%	21%	35% ± 3%	8%	
Chittenden	- HCHS						
		Population	735 <u>+</u> 12	1,802	398	9,399	
		Number Served	209 + 18		159 + 13	814	
		Percent Served	28% ± 3%		40% ± 3%	9%	
Lamoille	- LCMH						
		Population	97 <u>+</u> 2	304	80	2,685	
		Number Served	21 <u>+</u> 2	10	12 <u>+</u> 2	87	
		Percent Served	22% <u>+</u> 2%	3%	15% ± 2%	3%	
Northeast	-NEK						
		Population	303 ± 5	893	216	9,637	
		Number Served	143 <u>+</u> 9	122	118 <u>+</u> 7	726	
		Percent Served	47% <u>+</u> 3%	14%	55% <u>+</u> 3%	8%	
Northwest	-NCSS						
		Population	310 + 5	759	132	5,945	
		Number Served	94 <u>+</u> 7	54	46 <u>+</u> 5	383	
		Percent Served	30% + 2%	7%	35% + 3%	6%	
Orange	- CMC						
		Population	180 + 3	523	126	3,637	
		Number Served	42 <u>+</u> 5	55	61 <u>+</u> 4	370	
		Percent Served	23% ± 3%	11%	48% ± 3%	10%	
Rutland	-RACS						
		Population	250 <u>+</u> 4	826	146	6,769	
		Number Served	82 <u>+</u> 8	135	58 <u>+</u> 5	474	
		Percent Served	33% ± 3%	16%	40% ± 3%	7%	
Southeast	- HCRS						
		Population	397 <u>+</u> 6	1,241	252	8,828	
		Number Served	114 <u>+</u> 13		114 <u>+</u> 9	794	
		Percent Served	29% ± 3%		45% ± 4%	9%	
Washington	- WCMH	IS					
		Population	249 <u>+</u> 4	752	167	5,804	
		Number Served	122 + 5	109	53 + 5	377	
		Percent Served	49% ± 2%	14%	32% ± 3%	6%	
Statewide		Population	2,926 ± 18	8,065	1,740	59,646	
Statomac		Number Served	1,001 ± 29	646	722 <u>+</u> 20	4,743	
		Percent Served	34% ± 1%	8%	41% ± 1%	8%	
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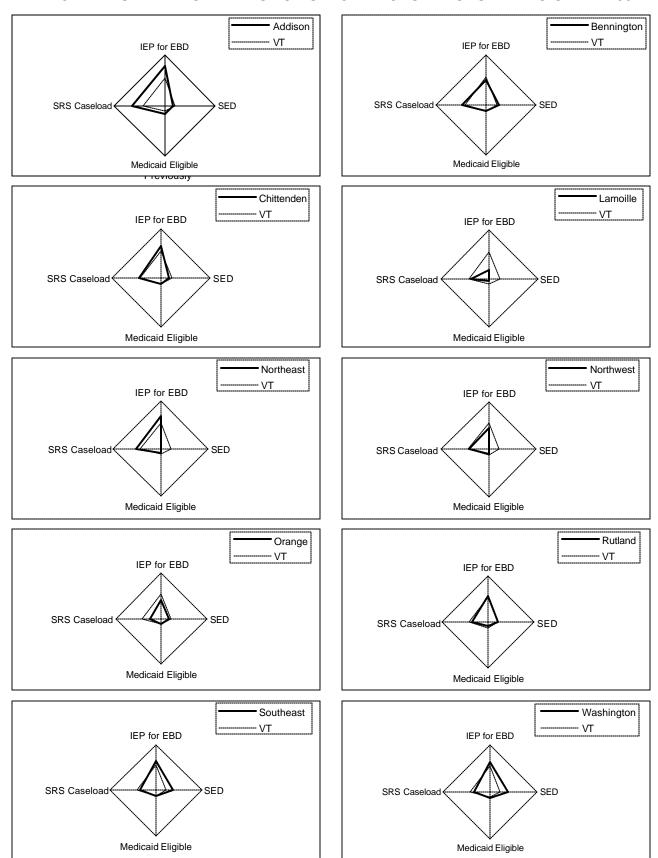
In this presentation, each axis represents the per capita utilization rate for the specified group based on a scale of 0 - 75%. The intersection of the axis is 0.

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				Severe		
			SRS	Emotional	IEP	Medicaid
Region/P		_	Caseload	Disorder	for EBD	Eligible
Addison	- CSAC					
		Population	147 ± 3	477	94	3,472
		Number Served	77 ± 5	64	44 ± 4	456
Danninatan	1100	Percent Served	52% ± 4%	13%	47% ± 4%	13%
Bennington	- UCS	Population	261 <u>+</u> 5	488	149	3,955
		Number Served	109 ± 8	91	44 ± 5	3,933 373
		Percent Served	42% ± 3%	19%	30% ± 4%	9%
Chittenden	- HCHS	r crociit ocrved	4270 <u>1</u> 570	1370	3070 <u>1</u> 470	370
Omitoriaen	110110	Population	736 <u>+</u> 12	1,802	405	10,067
		Number Served	182 + 19	188	134 + 13	757
		Percent Served	25% ± 3%	10%	33% ± 3%	8%
Lamoille	- LCMH	S				
		Population	105 <u>+</u> 2	304	84	2,886
		Number Served	17 <u>+</u> 2		10 <u>+</u> 2	99
		Percent Served	16% <u>+</u> 2%		12% <u>+</u> 2%	3%
Northeast	-NEK					
		Population	308 ± 5	893	180	9,885
		Number Served	148 <u>+</u> 9		84 <u>+</u> 7	746
		Percent Served	48% <u>+</u> 3%		47% <u>+</u> 4%	8%
Northwest	-NCSS					
		Population	339 ± 6	759	176	6,368
		Number Served	94 ± 9		61 ± 6	453
Orango	- CMC	Percent Served	28% + 3%		34% + 4%	7%
Orange	- CIVIC	Population	189 + 3	523	122	2 0 4 0
		Number Served	38 ± 6	76	43 ± 5	3,848 377
		Percent Served	20% + 3%	15%	35% + 4%	10%
Rutland	-RACS	r crociit ocrved	2070 1 070	1370	3370 1 470	1070
		Population	252 + 4	826	168	7,249
		Number Served	85 ± 8	144	65 ± 5	420
		Percent Served	34% <u>+</u> 3%	17%	39% <u>+</u> 3%	6%
Southeast	- HCRS	SV				
		Population	392 <u>+</u> 6	1,241	252	9,551
		Number Served	123 <u>+</u> 13		129 <u>+</u> 9	934
		Percent Served	31% ± 3%		51% ± 4%	10%
Washington	- WCMH					
		Population	267 ± 5	752	157	6,129
		Number Served	124 <u>+</u> 7	131	62 ± 5	419
		Percent Served	47% ± 3%	17%	39% ± 3%	7%
Statewide		Population	2,996 <u>+</u> 18	8,065	1,787	63,410
		Number Served	998 + 31	693	676 + 22	5,034
		Percent Served	33% <u>+</u> 1%	9%	38% ± 1%	8%

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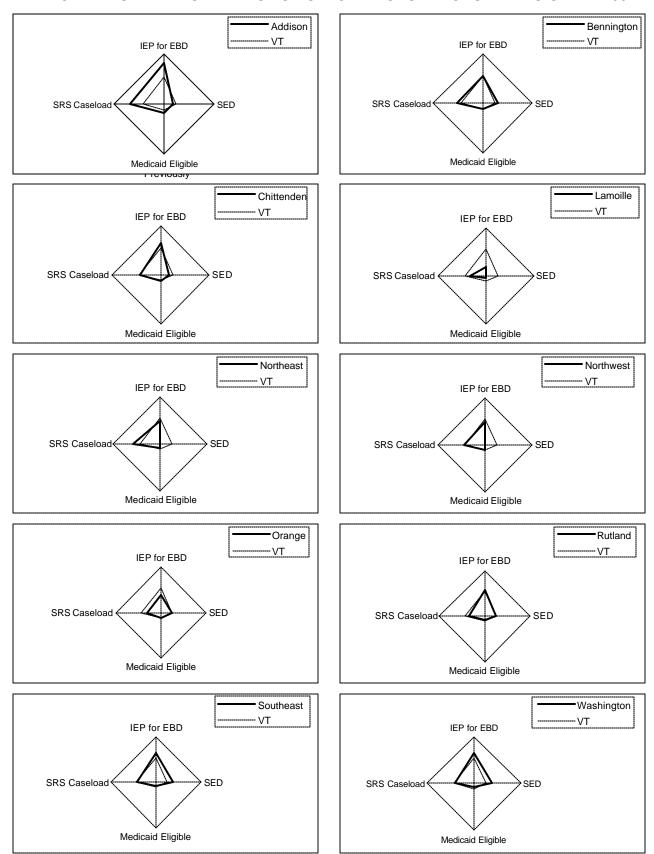
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				Severe			
			SRS	Emotional	IEP	Medicaid	
Region/P	rovider	_	Caseload	Disorder	for EBD	Eligible	
Addison	- CSAC						
		Population	142 <u>+</u> 3	477	102	3,596	
		Number Served	69 <u>+</u> 5	61	60 ± 4	449	
		Percent Served	48% <u>+</u> 4%	13%	59% ± 4%	12%	
Bennington	- UCS						
		Population	263 <u>+</u> 5	488	142	4,149	
		Number Served	96 <u>+</u> 8	93	54 ± 5	387	
		Percent Served	37% <u>+</u> 3%	19%	38% ± 4%	9%	
Chittenden	- HCHS						
		Population	747 <u>+</u> 12	1,802	417	10,541	
		Number Served	248 + 22	211	201 + 13	911	
		Percent Served	33% <u>+</u> 3%	12%	48% <u>+</u> 3%	9%	
Lamoille	- LCMHS	3					
		Population	109 <u>+</u> 2	304	66	3,031	
		Number Served	31 <u>+</u> 3		10 <u>+</u> 1	90	
		Percent Served	29% <u>+</u> 2%		14% <u>+</u> 2%	3%	
Northeast	-NEK						
		Population	259 <u>+</u> 4	893	174	10,173	
		Number Served	103 <u>+</u> 8		91 <u>+</u> 6	750	
		Percent Served	40% ± 3%		52% ± 3%	7%	
Northwest	-NCSS						
		Population	315 <u>+</u> 5	759	200	6,745	
		Number Served	98 <u>+</u> 8		68 ± 7	501	
		Percent Served	31% + 3%		34% + 3%	7%	
Orange	- CMC						
_		Population	153 + 3	523	119	3,931	
		Number Served	28 <u>+</u> 6	69	37 ± 5	343	
		Percent Served	18% + 4%	13%	31% + 4%	9%	
Rutland	-RACS						
		Population	270 + 5	826	158	7,589	
		Number Served	71 <u>+</u> 9	133	67 ± 5	409	
		Percent Served	26% ± 3%	16%	42% ± 3%	5%	
Southeast	- HCRSS	SV					
		Population	368 <u>+</u> 6	1,241	238	10,069	
		Number Served	96 <u>+</u> 13	350	112 <u>+</u> 8	955	
		Percent Served	26% ± 4%	28%	47% ± 4%	9%	
Washington	- WCMH	IS					
3		Population	235 ± 4	752	138	6,436	
		Number Served	104 ± 6	129	55 ± 5	564	
		Percent Served	44% ± 3%	17%	40% ± 4%	9%	
		2.22 20	3 <u>-</u> 2,0	,0		- / 0	
Statewide		Population	2,862 <u>+</u> 18	8,065	1,754	66,260	
2.2.011.00		Number Served	944 + 32	1,046	755 + 21	5,359	
		Percent Served	33% ± 1%	13%	43% ± 1%	8%	
		. 5.00.11 50.1104	3373 <u>1</u> 170	1070	10/0 <u>1</u> 1/0	370	

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				Severe		
			SRS	Emotional	IEP	Medicaid
Region/P		_	Caseload	Disorder	for EBD	Eligible
Addison	- CSAC					
		Population	148 <u>+</u> 3	477	103	3,714
		Number Served	77 ± 5	65	64 ± 4	468
ъ	1100	Percent Served	52% ± 3%	14%	62% <u>+</u> 4%	13%
Bennington	- UCS	Donulation	205 . 5	400	420	4.226
		Population Number Served	285 ± 5 111 ± 8	488 112	132 55 ± 4	4,336 387
		Percent Served	39% ± 3%	23%	42% ± 3%	9%
Chittenden	- HCHS	r ercent Served	3970 ± 370	23 /6	42 /0 ± 3/0	9 70
Onitienden	-110110	Population	764 <u>+</u> 12	1,802	397	10,988
		Number Served	244 + 22	241	196 + 14	1030
		Percent Served	32% ± 3%	13%	49% ± 3%	9%
Lamoille	- LCMH	S				
		Population	120 <u>+</u> 2	304	42	3,149
		Number Served	30 ± 3		5 <u>+</u> 1	101
		Percent Served	25% ± 2%		13% ± 3%	3%
Northeast	-NEK					
		Population	245 <u>+</u> 4	893	196	10,494
		Number Served	108 ± 7		71 <u>+</u> 7	713
		Percent Served	44% ± 3%		36% ± 4%	7%
Northwest	-NCSS					
		Population	323 ± 5	759	195	6,987
		Number Served	108 ± 8		72 ± 7	606
0	CNAC	Percent Served	33% + 3%		37% + 3%	9%
Orange	- CMC	Donulation	150 . 0	F00	106	4.025
		Population Number Served	152 + 3 36 ± 5	523 96	126 36 ± 4	4,035 380
		Percent Served	23% + 3%	18%	29% + 4%	9%
Rutland	-RACS	r ercent Served	23/0 + 3/0	10 /6	23/0 + 4/0	3 70
ranaria	10.00	Population	282 + 5	826	168	7,690
		Number Served	73 ± 9	153	72 ± 5	433
		Percent Served	26% ± 3%	18%	43% ± 3%	6%
Southeast	- HCRS	SV				
		Population	384 <u>+</u> 6	1,241	225	10,539
		Number Served	117 <u>+</u> 13	361	110 <u>+</u> 8	586
		Percent Served	31% <u>+</u> 3%	29%	49% <u>+</u> 4%	6%
Washington	- WCMH	I S				
		Population	223 ± 4	752	137	6,655
		Number Served	95 ± 7	145	56 ± 5	557
		Percent Served	43% ± 3%	19%	41% ± 3%	8%
Statewide		Population	2,927 <u>+</u> 17	8,065	1,721	68,587
		Number Served	997 + 32	1,174	737 + 21	5,261
		Percent Served	34% <u>+</u> 1%	15%	43% ± 1%	8%

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METHODOLOGICAL NOTE

CHILDREN AND ADOLESCENTS WITH A SEVERE EMOTIONAL DISTURBANCE: Utilization rates are based on a comparison of the estimated number of young people aged 9 – 17 with serious mental illness who reside in each service area with the number of young people with a severe emotional disturbance in this same age group who were served by each community mental health program. The estimate of the prevalence of severe emotional disturbance is based on procedures published in the Federal Register on July 17, 1998 for estimating the number of young people in the 9.17 age group who have a severe emotional disturbance using the 10% estimate. The number of young people with a severe emotional disturbance who were served is the number of people served by the Child and Adolescent Programs during FY1999 - FY2002 who had a Global Assessment of Functioning (GAF) score of 50 or less. SED is not reported for a community mental health center if more than 15% of data are missing.

CHILDREN AND ADOLESCENTS ON THE STATE SRS (SOCIAL AND REHABILITATION SERVICES) CASELOAD: Utilization rates were determined by analyzing the relationship between two data sets. A data set with anonymous records of individuals on the caseload of SRS, the state child protection and juvenile justice agency, for FY1999 – FY2002. The Monthly Service Report Data set (maintained by the Vermont Department of Developmental and Mental Health Services) provided anonymous records for all individuals served by Child and Adolescent Mental Health Programs in Vermont during FY1999 – FY2002. Probabilistic Population Estimation was used to determine the number of people represented in each data set and the number of people shared by the two data sets. The rate of utilization of community mental health programs by young people on SRS caseload is determined by dividing the number of people represented in both data sets by the total number of people represented on the SRS caseload.

CHILDREN AND ADOLESCENTS ON AN IEP (INDIVIDUALIZED EDUCATION PLAN) FOR EBD (Emotional-Behavioral Disability): Utilization rates for young people receiving special education services at their local school for an Emotional-Behavioral Disability who were also clients of Child and Adolescent Mental Health Programs were determined by analyzing the relationship between the community mental health treatment data set described above and a data set with records of individuals on an IEP for EBD during 1999 - 2002. This data set was provided to the Performance Indicator Project by the Vermont Department of Education. Probabilistic Population Estimation was used to determine the number of people represented in each data set and the number of people shared by the two data sets. The rate of utilization of community mental health programs by young people in this special population was determined by dividing the number of young people represented in both data sets by the total number of young people represented in the special education data set.

CHILDREN AND ADOLESCENTS WHO WERE MEDICAID ELIGIBLE: Utilization rates are based on a comparison of the total number of Medicaid enrollees under 18 years of age (from Vermont's EDS Medicaid database) with the number of young people on the Child and Adolescent Mental Health Caseload who were covered by Medicaid (including VHAP, Waiver, Medicaid fee for service and Managed Medicaid from the "responsible for fee" field in the Monthly Service Reports).